

The SCAT3: Sport Concussion Assessment Tool

"A standardized tool for evaluating injured athletes for concussion"*

*British Journal of Sports Medicine 2013; 47: 259-262

TRAUMATIC BRAIN INJURY
Typically caused by a blow or a jolt to the head. The most common form of TBI is a **CONCUSSION**

ONLY 10%

CAUSE A LOSS OF CONSCIOUSNESS

Symptoms can have a delayed onset of up to

48hrs

SYMPTOMS INCLUDE



HEADACHE



NAUSEA



DROWSINESS



BLURRED VISION



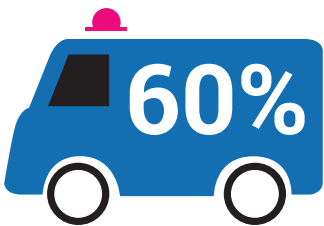
WEAK LIMBS



CONFUSION

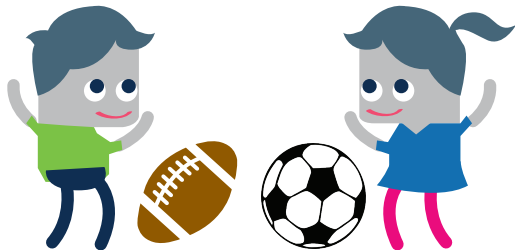
Trips to the ER for concussions in kids and teens has increased in the last decade by

ER

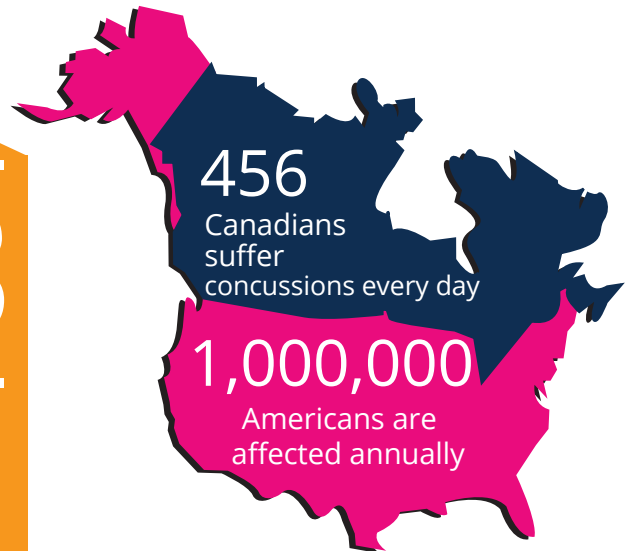


1/3

CONCUSSIONS ARE A CONTRIBUTING FACTOR IN A THIRD OF ALL INJURY RELATED DEATHS IN THE U.S. EACH YEAR



Football (boys) and soccer (girls) account for the highest incidents in young athletes



SCAT
SPORT CONCUSSION ASSESSMENT TOOL



SCAT is published



SCAT2 is published



SCAT3 is published

SCAT

Combines several different evaluation forms including:

Electronic or online assessments are at least

5-10MINS FASTER

compared to using a paper method



SCAT

Is designed to help make the best return-to-play decision



BALANCE



COORDINATION



EYE



VERBAL



MOTOR SKILLS



CONCENTRATION